

# CERTIFICATE OF PARTICIPATION

This is to certify that

**Helma  
Nieuwenhuize**

Has successfully participated & completed the

**5km Konka Farm Run**

held at Konka.

**TIME 00:43:12**

**PACE 08:37/km**

**GENDER 85 of 203**

**OVERALL 139 of 320**

**50 - 59 10 of 30**

31 August 2019, Sat

Date



*BoutTime*

Signature

